



National Day of Unplugging (March 3)

# WHICH WOULD YOU CHOOSE...

1. SCREEN VS. SCREEN FREE EDITION
2. SCREEN FREE CHOICES EDITION



## © Speech Hamster – All Rights Reserved

Thank you for downloading this resource. Before using, please review the following terms:

- **Personal & Educational Use Only:** This resource is for personal, classroom, and educational use only.
- **No Modifications or Reselling:** This file may not be modified, copied, resold, or used to create derivative works for distribution.

- **No Redistribution or Uploading:** You may not share, upload or host this file on any other website,

- **Sharing Guidelines:** If you'd like to share this resource with others, please provide a direct link to the original blog post: [National Days March Week 1](#)

For questions or permissions, contact  
Admin@SpeechHamster.com

Fonts by: [KG Fonts](#) and [Creative Fabrica](#) Graphics by:



# NATIONAL DAY OF UNPLUGGING (MARCH 3)

## Would You Choose to... (Screen vs Screen Free Edition)

Watch a movie	<b>or</b>	act out a play with friends?
Play a video game	<b>or</b>	play a board game?
Read a digital book on a tablet	<b>or</b>	color with crayons and markers?
Scroll through pictures on a phone	<b>or</b>	look through an old photo album?
Text a friend	<b>or</b>	write them a letter?
Play an online game with a friend	<b>or</b>	go outside and play together?
Listen to a song on YouTube	<b>or</b>	play an instrument?
Watch a cooking video	<b>or</b>	bake something with a family member?
Do a learning app	<b>or</b>	do a hands-on science experiment?
Take pictures on a phone	<b>or</b>	draw a picture of what you see?
Watch a travel vlog	<b>or</b>	go outside to explore nature?
Do an online puzzle	<b>or</b>	put together a real puzzle?
Use an app to make art	<b>or</b>	use paint and paper?
Watch a dance video	<b>or</b>	have your own dance party?
Choose screen time	<b>or</b>	choose to be screen free?

# NATIONAL DAY OF UNPLUGGING (MARCH 3)

## Would You Choose to... (Screen Free Choices Edition)

build a fort	<b>or</b>	do a puzzle?
go outside to play	<b>or</b>	stay inside and do a craft?
read a book	<b>or</b>	act out a play?
play a board game	<b>or</b>	make up your own game?
help bake cookies	<b>or</b>	build something with Legos?
draw a picture	<b>or</b>	write a story?
go on a scavenger hunt	<b>or</b>	look for shapes in the clouds?
do a science experiment	<b>or</b>	plant a seed in a garden?
build something with blocks	<b>or</b>	play with playdough?
have a dance party	<b>or</b>	play a musical instrument?
write and mail a letter to a friend	<b>or</b>	tell a funny story out loud?
help with a craft	<b>or</b>	do a nature walk outside?
play dress-up	<b>or</b>	play pretend with stuffed animals?
make a paper airplane and see how far it can fly	<b>or</b>	make a card for someone special?
help cook a meal	<b>or</b>	make up a new game with a friend?



thank you for downloading!

## Some Resources You May Find Useful

**THEMED 1-2 PLAYER  
ARTICULATION GAMES**

FIRST TO 50: SCHOOL THEME TWO

ALL PHONEMES

34 THEMES, 50 - 100 TRIALS

PRINTABLE

Boom Cards  
**Articulation  
Candy Bag**  
Articulation Activity  
**BUNDLE**

Digital BOOM™ CARDS

**YEAR ROUND TOKEN  
REINFORCEMENT**  
2 Player Digital Games

**SUPERHERO KIDS**

43 DIFFERENT ACTIVITIES

Digital BOOM™ CARDS

**FOLLOWING** TASK CARDS  
**DIRECTIONS**  
**5 POPULAR THEMES**

**BUNDLE** CAMPING · INSECTS  
PIRATES · FARM · PETS

PRINTABLE



subscribe  
to the newsletter

for exclusive updates, freebies, encouragement & more at [speechhamster.com](https://speechhamster.com)